

Keeping Your Cool: The Anger Management Workbook

By A. J. Finch Jr.

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Controlling Motor responses vs. Social responses -

Gottschalk, C.M. & Leddy, J.N. (2003) & Finch Jr., A.J. (1996). Keeping Your Cool. Ardmore, PA :Workbook Publishing. Stansell, D. J.

http://capps-laura.weebly.com/uploads/1/3/3/7/13377620/odd_v._dyspraxia_presentation.pptx

Let's Be Friends | NewHarbinger.com -

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Cognitive-Behavioral Therapy - Springer -

Coping cat workbook. Cognitive-behavioral therapy with impulsive children. & Finch, A. J. (1996). Keeping your cool. The anger management workbook. http://link.springer.com/chapter/10.1007/978-1-4615-4755-6_7

Alphabetized Listing - Academy of Cognitive -

Alphabetized Listing. Claiborn, J. (2002). The BDD workbook: Keeping your cool: The anger management workbook. Ardmore, PA: Workbook Publishing. <http://members.academyofct.org/i4a/pages/index.cfm?pageID=3342&activateFull=true>

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<http://lochnels.com/childrens-inventory-of-anger-chia.asp>

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<http://www.nspcc.org.uk/services-and-resources/research-and-resources/keeping-your-cool/>

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About The Author. Elizabeth Lowman is a freelance writer whose work has been featured on national outlets such as Forbes and The Huffington Post.

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